

# Coconut Oil Lip Scrub

YIELD: 1 JAR

This is a simple and gentle lip exfoliating scrub for dry, chapped lips.

PREP TIME	ACTIVE TIME	TOTAL TIME
5 minutes	5 minutes	10 minutes
<b>DIFFICULTY</b> easy		



## Materials

- [2 tablespoons organic sugar](#)
- [1 teaspoon unrefined coconut oil](#)
- [1/2 teaspoon sweet almond oil](#)
- [5 drops lavender essential oil](#)

## Tools

- [Glass Jar](#)

## Instructions

1. Stir together all ingredients in a small glass bowl. (I use a fork to "mash" everything until well incorporated)
2. Transfer to a glass container for storage.
3. Use a finger to spread the scrub onto lips.
4. Rub lips together to gently exfoliate for 20-30 seconds.
5. Wipe clean with a warm, damp cloth.

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**PROJECT TYPE:** skincare / **CATEGORY:** skin care

<https://www.ouroilyhouse.com/coconut-oil-lip-scrub/>